

CLIR VOICE

www.clirsf.org



March 2011

President's Message



The ebb and flow of our General Meetings are changing...

Time, as we know, can be everything; and our members and Hospitality Committee need to be able to count on a reliable

adjournment of the meeting by 2:20pm. Hospitality must begin to clean up by 3:00pm: after all the committee members have been busy with set-up since 10:00am.

Minutes are not a transcript of a meeting. Their purpose is to present a formal record of formal actions taken by the organization. We do like to flesh-out our minutes with a succinct narrative of the statements made by the dozen-plus members who make formal presentations. Minutes of the last meeting are posted on the Clubroom bulletin board at least two weeks before the next meeting. We've been told by our members that they can read and that they don't want to waste precious time having the minutes read to them. Therefore, the Secretary will rise and ask for any corrections to the posted Minutes. Such corrections will then be incorporated into the minutes and posted.

Read your Voice.
Retain your Voice.
Refer to your Voice.

That's the message I was told to STRONGLY convey to our membership attending the General Meeting. Thus speakers will rise to provide only details not given in the related *Voice* article and to alert us to possible CLIR activities in future months. We'll spend no more than two minutes per activity already presented in the *Voice*. This agenda approach

seems to fill the bill strongly requested because our February meeting lasted just 59 minutes, leaving 45 minutes for socializing before the magic 3:00pm hour arrived.

By the time you read this, the *ACT CLIR Special Season* will have successfully launched as a result of the initiative and efforts of Jean Wilcox. We're so thankful, Jean!

At February's General Meeting, we learned of the Office Task Force's findings and recommendations and heard the call for volunteers to help provide Administrative Support. The Task Force will train and mentor our volunteers. All volunteers will receive complete support, with instructors sitting along-side the trainee until the volunteer feels comfortable enough to staff solo. As Pam Royse pointed out, by providing the administrative tasks through our volunteer efforts, CLIR's bottom line will be much healthier!

Also we have learned that the third Annual Autumn Ashland trip is scheduled for Oct 25-28. Details are found on the application, copies of which are posted on the Clubroom bulletin board.

I will not present a President's Message in the April *Voice*. While the 21st century provides us with wonderful communication tools I'll be out of touch from February 23 through March 20 and will miss the April *Voice* deadline. My absence will present an opportunity for you to hear from other CLIR voices in this space.

—Robby Kiley

DATES TO REMEMBER

March 4
General Meeting
Social Hour Follows

March 14
New Class
Conversational
Spanish

March 23
Tour
Puppies & Peanuts

April 6
New Class
Issues Of Aging

April 27-29
Asilomar

October 25-28
Annual Ashland
Shakespeare Trip

**REMEMBER
YOU MAY
ALWAYS
INVITE A GUEST TO
ANY CLIRSIGHTS
OR
VICARIOUS
TRAVELER
PROGRAM**

Class Updates

BOOK DISCUSSION GROUP

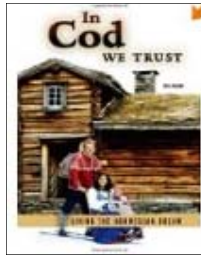
Tuesday, March 22, 11:00pm

Bill Gregory

Evelyn Forsman

March 22: *In Cod We Trust* by Erik Dregni

Please note the time change in March.



©Amazon

CONVERSATIONAL SPANISH *NEW CLASS*

2nd and 4th Mondays 10:30am

(Starts March 14)

Roberto Padilla

A new member, Roberto Padilla, will teach this class. The sessions will be geared to fit the needs and interests of the students; no book is required. However, it's advisable to have a basic dictionary, easy to carry to and from class. At press time, five members had signed up. Interested? Contact Roberto with your questions. You may sign up for this class either with Roberto or use the sign-up sheet in the office.

ZANY SAN FRANCISCO HISTORY

The Birth of the San Francisco Chronicle

Thursday, March 10, 10:30am

Don Gibbs

The Chronicle became a respectable newspaper, but it wasn't always so. And why did newspaper people in the 19th century always carry pistols? Hear the story of blackmail, murder and lechery as the Zany San Francisco History series continues on its merry way.

San Francisco Chronicle

GOOD NEWS!!!! The "season" of student performances at A.C.T. is a GO.

Contact: Jean Wilcox

If you signed up for this fast-moving and wonderful opportunity in February, here is your schedule for the remaining performances. This is the way it will work.

- Tickets for performances will be distributed either at a General Meeting or at the class before the performance.
- If you cannot go to a performance, you can give away, sell, or scalp your ticket. The person using the ticket will be checked in at class under your name.

Sun—4/10 *Sentimental Journey* 3:30pm Geary Theater

Sat—4/30 *Ion* (Euripides) Noon 30 Grant, 7th floor

Thur—5/19 *As You Like It* (Shakespeare) 5:00pm 30 Grant

Sun—6/12 *Homefront* (Slaight/Irons) Noon 30 Grant

Current Activities

ART-ON-THE-GO

Quilt Show

Museum of the African Diaspora (MoAD)

685 Mission St. (at 3rd St.)

Thursday, March 17, 11:30am

Fran Hasher

This show, *Textural Rhythms*, unites two of the most well known and popular artistic forms in African American culture: jazz and quilts. Featured is innovative work by some of America's best known African American quilters and also



quilts by top Bay Area artists. Curator of the exhibit, Dr. Carolyn Mazloomi, is founder and coordinator of the Women of Color Quilters Network. To see some quilts in the show go to moadsf.org. Meet in the lobby for a one-hour, docent-led tour. **Cost:** Seniors \$4.00. **Trans:** Convenient to BART/Muni Metro Montgomery Station and to many buses.

DINING AND DISCUSSION

Pisces—California Cuisine (piscessf.com)

3414 Judah Street, San Francisco

Thursday, March 10, 6:00pm

Karla Jones

This quiet Sunset neighborhood spot serves fresh seafood in a quirky environment. *Prix-fixe* menus allow for that affordable dining with a \$25 or \$35 three-course dinner. You can check out the menu at their website above. Sign up by March 8 either by calling Karla or use the office sign-up sheet. **Trans:** Good parking or N-Judah stops near the front door. **Cost:** Participants pay individually, so come prepared with cash. Prepare also for a lively discussion following.

PUPPIES AND PEANUTS

Wednesday, March 23. Bus leaves CLIR 9:15am

Barbara Farrenkopf, 925 937-4797

Marianne McCall We'll visit Canine Companions in Santa Rosa, to learn about these wonderful dogs, where they come from, how they are trained, and their commitment to help handicapped humans.

Then we'll have lunch at the Charles Schulz Museum café, followed by a docent-led tour of the museum. We'll learn all about "Sparky" and how he created and drew the *Peanuts* comic strip for so many years.

Cost: \$55, includes lunch. The first thirty people who pay for the Tour get to go.

VICARIOUS TRAVELER - Martin Gumbel

CLIR Calendar: MARCH 2011

Phone: (415) 543-3965

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10:00 AM Kata Gentle Exercise 1:00 PM History of Ancient Egypt 1:00 PM Walk for Health	2)	3	4 10:30 AM Curriculum Com. Mtg. 12:00 PM CLIRsights, Walks, Tours Com. Mtgs. 1:15 PM GENERAL MEETING AND SOCIAL HOUR
7 11:30 AM Play Reading 1:00 PM Current Affairs	8 9:00 AM Kata Gentle Exercise 10:30 AM Morning Walk 1:00 PM Walk for Health	9	10 10:30 AM Zany History of San Francisco 12:00 PM Introduction to CLIR 6:00 PM Dining & Discussion	11 12:00 PM Vicarious Traveler 1:30 PM CLIRsights VOICE DEADLINE
14 10:30 AM Spanish Conversation 1:00 PM Current Affairs	15 10:00 AM Kata Gentle Exercise 1:00 PM History of Ancient Egypt 1:00 PM Walk for Health	16 11:00 AM Finance Com. Meeting	17 11:30 AM Art-on-the-Go	18 1:00 PM Council Meeting
21 11:30 AM Play Reading 1:00 PM Current Affairs	22 10:00 AM Kata Gentle Exercise 11:00 AM Book Club 1:00 PM Movie Group 1:00 PM Walk for Health	23 9:15 AM ALL DAY TOUR	24	25
28 10:30 AM Spanish Conversation 1:00 PM Current Affairs	29 10:00 AM Kata Gentle Exercise 1:00 PM Walk for Health	30	31	

Current Activities, continued

China and Hong Kong

Friday, March 11, noon

Nick Maffei

Martin Gumbel's slide show will feature the exuberant beauty of Chinese architecture with a focus on Hong Kong, Shanghai and a silk factory in Hangzhou. In Beijing, Martin's slides will feature Tiananmen Square, the Forbidden City and the Great Wall. In Xian we visit the terra cotta warriors, and on the Lee River trip we admire the high mountains along its river banks.

Walk: Gold Rush City

Tuesday, March 8, 10:30 AM

Dick Hewetson

We will walk through the small village of Yerba Buena that, during the Gold Rush, had recently become San Francisco. We will see buildings that still exist and imagine some that are long gone.



Some of the Barbary Coast

(Where is Jeanette Mac-

Donald when we need her?) is still intact.

Meet at the northeast corner of Portsmouth Square, Kearny and Washington Sts. **Trans:** Muni 1, 8x, 30 and 45.

Rain cancels

MARCH 10, Noon—Introduction to CLIR GUESTS TO VISIT

Guests from *San Francisco Village* and *Coming of Age* will attend Don Gibb's popular *Zany San Francisco* class. Linda-Howe-Steiger will do a brief orientation for our guests after Don's class.

San Francisco Villages empowers people who wish to stay in their homes, while *Coming of Age* is an organization that helps direct the abilities of those of us in the elder community who wish to volunteer.



Coming Attraction

ISSUES OF AGING

6 Sessions—Begins April 6

First three Wednesdays of April & May, 10:00 —Noon

Jean Wilcox

This class, beginning April 6, will cover Living Arrangements, Legal Matters (wills and trusts), Health Issues, Financial Matters and other topics requested by participants.

Art-on-the-GO, February, REVISITED

Artist William Stanisich

Photos by Sonnie Willis

Email note from Bill Stanisich:



Sonnie, Thanks.

What an artist you are! To see your own house and work through another artist's sensibilities is a thrill. I am so glad to have these photos and will import them immediately.

I am also adding your name to my "address list" so that we can communicate from time to time. I loved having you and your friends here last week. I got so much out of it and we all were delighted by the love of life and art that all of you showed on your faces and in what you said.

*Thank you again,
Bill (and Jim)*



CLIR NEWS

Member
OUR mystery
MYSTERY member
CLIR
MEMBER
Mystery

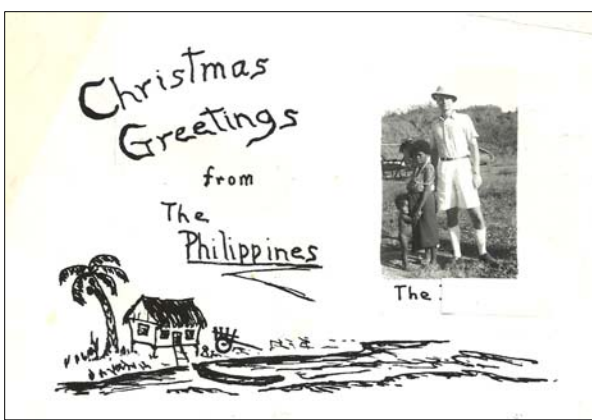
Our **February** mystery person? Remember the little border beer smuggler? She was none other than Irene Owens who was born in International Falls, MN. She says she still likes beer!

Our Mystery Member for March:

Do you remember being asked, "When are you going to get married?" Our mystery member for this month does. He was stationed for two years at Clark Air Force Base in the Philippines. The photo was taken at a Negrito pygmy village near the base. He explains: I sent it out as my 1954 Christmas card. This photo was

captioned from "The

(mystery member) Family." That brought an end to the plaint of relatives, "When are you going to get married?" Who is he? What name is hiding under the tab on the card? We'll find out in April.



If you would like to be a Mystery Member, send a paragraph describing something about you that the rest of us probably don't know to me. Include a picture if you wish.

SPECIAL AUDIENCES EDUCATES A PERFORMANCE REVISITED

On Feb. 5, I was invited by CLIR Special Audiences to attend a concert at the San Francisco Conservatory of Music.



It was a program billed as New Music, which, as a genre, has never especially appealed to me. Was I ever glad I was there!

The program included two exquisite young female sopranos and the compositions of Paul Bowles. There was a short film before it began about the life of this artist who was a novelist, music critic and translator as well as a composer.

The second half of the program included a piece which was a narrated poem about a spider.

I was so taken with the evening's events that I went home and spent much time on Google and Wikipedia to learn more, then went to Amazon to purchase recordings.

This is what CLIR provides me – inspiration to keep learning. Don't miss Special Audiences. It is great.

—Karla Jones

Reviews of Special Audiences programs are especially welcome in the Voice. Phyllis Spandorf says, "It's a good way to tell others what's out there."

New
Gloria Melone learned about CLIR while attending The Mayor's Summit on Healthy Aging, where Pat Tibbs made a presentation. Gloria was an Academic Administrator, PhD, at San Jose University and San Jose City College. She has served as a docent at the Legion of Honor, DeYoung Museum, Asian Museum, and the San Francisco Museum of Modern Art. She is also a volunteer at Humanities West. CLIR programs that interest her are Art Workshop, Book Discussion, Movie Club, Current Affairs Forum, Walks, and Seeing as an Artist Sees. She would like to attend Beginning French and floral arrangement classes. Teaching a class would depend on the time it is offered. Gloria might be interested in serving on Committees for the Annual Picnic, Art Show, Asilomar, Tours and Walks.

Herbert Weiner learned about CLIR from Pat Tibbs, who made a presentation to the Retired Employees of the City and County of San Francisco. Herb's profession was in social work. His reading extends from comic books to history, economics, domestic and international politics, psychology and science. CLIR programs that interest him are Book Discussion, Current Affairs Forum, Movie Club, and Seeing as an Artist Sees. Other subjects that are of interest to him are the cold war, bullying throughout the life cycle and economics. Herb would be willing to teach a class on the cold war. He might be interested in serving on the Curriculum Committee.

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CLIR NEWS

Escape to

Asilomar
2011

April 27-29
Wednesday afternoon
through Friday noon

CLIR Member cost:

\$245 for a shared room and all meals –
please specify twin or double beds
\$345 for a single (private) room and all meals

Non-Member Guests especially welcome!

\$270 for a shared room and meals;
\$380 for a single room and meals

Meals:

2 Dinners, 2 Breakfasts, 2 Lunches
Optional box lunch available at a
surcharge of \$5-\$8.

Please note any ADA access requests
Car Pools encouraged, and can be arranged.

PLEASE SIGN UP RIGHT AWAY

include a \$100 deposit payable to CLIR,
to confirm your reservation.

Balance is due by March 15

to comply with *Asilomar* policies.

Questions? Need more information?

Contact Richard Magary

A great group is forming for this popular event. To make this as inclusive as possible, we extended the final payment date to March 15. So, you may still take advantage of this fine opportunity.

DONOR HONOR ROLL

Between July 1 and December 31, 2010, forty-four members and four non-members made special donations to CLIR. And that doesn't count those who contributed to Shop for a Cause! Donations ranged from \$10.00 to \$1000.00. Some people donated several times. Some contributed to the final outfitting of our space at 50 First Street. Six donations were received in memory of Al Gertler; two in memory of Mina Michalovich; one in memory of Wolf Homburger; two in honor of Pat Tibbs. Once again, we owe these people a great big THANK YOU

Ruth Basin	Bonnie & Gene Martz
Iris Berman	Marian May
Marie Clyde	Donnajean McCarthy
Betty Dowell	Marjorie Mull
Donna Ellis	Patricia O'Connor
Barbara & Bill Farrenkopf	Irene Owen
Irene Frew	Joan Paddington
Jane Galvan	Janet Pigot
Ruth Gelb	David Pollack
Roslyn Goldstein	Jean Port
Bill Gregory	Gail Schlueck
Edna Grenlie	Sol Silver
Martin Gumbel	Phyllis Spandorf
Carlyn Halde	Stefanie Steinberg
Jean Hayward	Elizabeth Strong
Dick Hewertson	Pat Tibbs
Randolph Hurst	Maxine Wallace
Dick Ingraham	Estelle Weintraub
Alice Mary Karam	Elaine & Stan Weiss
Enid Leff	Jean Wilcox
Marilyn & Alvin Luebeck	Nancy & Bill Zinn
Richard Magary	

Finding Happiness!

Dan Buettner, author of *Thrive: Finding Happiness the Blue Zones Way*, says "Joining a club has the same impact as doubling your income." That's because when you widen your social circle you feel as though you had doubled your income. So, if you have a friend or relative who's over 50 and wants to get happier, who would enjoy feeling as though they had doubled their income, tell them about CLIR! Or give their contact information to the CLIR office staff and we'll send them a packet of CLIR information.

MARCH FREE ART LECTURES

March 1, Tuesday: 1:00pm

Warhol Live

Mina Shea, San Francisco Fine Arts Museums
Docent Lecturer

March 1, Tuesday: 2:15pm

More than Words Can Say: Flowers in Art

Carol Nelson, San Francisco Fine Arts Museums
Docent Lecturer

The Koret Auditorium, deYoung Museum
Thinker.org

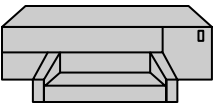
**Gaels, Gab and Golden Girls of Galway
Speech Arts Association
Saturday, March 5, 2:00pm
St. Luke's Episcopal Church
1755 Clay Street between Van Ness and Polk,
San Francisco (Door marked Church Office and Dade
Hall) Wheelchair Accessible
Patricia O'Connor**

Celebrate St. Patrick's Day early with Patricia O'Connor, longtime CLIR member and M.A. in Theatre, who will present a one-woman program. It will include a nineteenth century St. Patrick's speech, a discussion of the Gaelic roots of American slang and monologues from modern and classic Irish theatre.

Cost: Free admission and refreshments. Please contact Patricia if you plan to attend so they can arrange for sufficient seating and delicious goodies. **Trans:** Muni lines 1, 19, 47, 49. Metered parking lot nearby or try street parking which is sometimes difficult.

ANOTHER THANK YOU

This is to say a HUGE thank you to Dick Hewetson for donating a **new printer** for our work station in the CLIR office. It is so much faster than the old, decrepit one we were limping along with. We've installed a color ink cartridge in it and an office volunteer has been happily printing out the *Voice* for Member Prospect Packets.



been happily printing out the *Voice* for Member Prospect Packets.

CLIR NOTES

Twelve years ago, under the auspices of then President, Ralph Vissell, the very first Distinguished Service Award was presented to a founding member and enthusiastic supporter of CLIR: Sylvia Reback. This year, in January, Sylvia was remembered again, when her daughter, Nancy Goldberg, came to a CLIRsights meeting to discuss Human Trafficking. Like mother, like daughter, Nancy Goldberg carries on the tradition of service. She is President of the Jewish Family & Children's Services Board.

Tanya Yates had the foresight to begin a class called *The History of Ancient Egypt*, in February. Those taking the class are getting some deep background on the country that is presently going through great changes.

Any feedback on the new *Kata* class that Brenda Greene is giving? Let your fellow members know through a short review. We'll print it in the *Voice*.

We have a lot of artistic talent in CLIR—one example is the work of Sonnie Willis whose photos are featured in this issue. We can't show all her splendid work, but if you are computer literate, go to **Flickr.com** and look up 'crimped69' to see more.

CLIRsights

Fort Mason

Patricia

Nicholson

March 11, 1:30pm



What is special about Fort Mason Center? Why has it been called a model for military base conversion?

Fort Mason Center is the site of thousands of thought-provoking programs and events, and is the home of twenty unique, nonprofit organizations. A National Historic Landmark, Fort Mason Center was built in 1906 in direct response to the devastation caused by the San Francisco earthquake and fire. After sixty years of active use (from the construction of the Panama Canal through the Korean conflict), Fort Mason Center became a cultural organization with nonprofit status, partnering with the National Park Service, in 1976.

Patricia Nicholson, Capital Campaign Director at Fort Mason, will speak about how Fort Mason Center's thirteen-acre waterfront campus became a destination that supports and reflects the evolving cultural fabric of the Bay Area. She will share current plans to update the facility and to improve ways of funding and transportation options, while preserving Fort Mason Center's historic fabric.

Here's a squib from Pat Tibbs, detailing some of the fun from last month's *Zany San Francisco*: John McClaren, channeled by Don Gibbs, regaled us with funny facts about how Golden Gate Park was developed. John, a Scotsman, journeyed up from his grave plot in Colma to share with us stories of the two conservatories of flowers the park once had, the railroad that ran through the park at one time, and how William Hammond Hall, who designed the park, figured out how to get grass to grow in what was then mostly sandy soil.

Are there historians among us? (Silly question.) In our Clubroom, on a low shelf, there are a number of mismatched and probably dusty binders containing every issue of the CLIR *Voice* from our inception. Wouldn't it be fun to troll through them and find stories to feature in present day issues? Any inquisitive takers?

—Alice Steele

EMAIL ADDRESS CHANGES

Gloria Melone

Bruce Baird

Gail Schluack

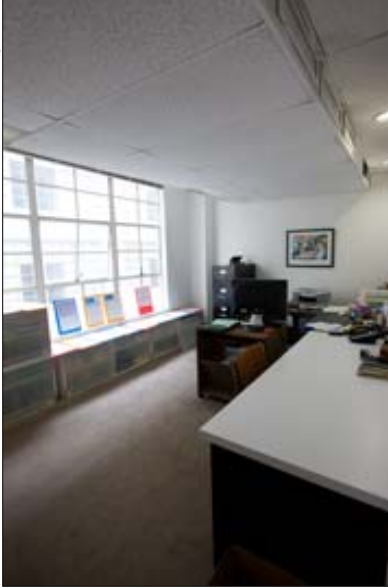
CLIR OFFICE ADMINISTRATIVE STAFF JOB DESCRIPTION

This volunteer position requires computer literacy, preferably comfortable working in a Windows environment: Word, Excel, and Outlook. Must be willing to join a team of CLIR members who each commit to a discrete amount of time each week, or month, to cover CLIR's office. Training provided. CLIR's office is open three days per week, Monday, Tuesday, and Friday, 10:00 am to 2:30 pm.

Job Duties include:

- Answer phones, retrieve voice mail messages & record in phone log
- Record contact information on all non-member inquiries
- Talk about CLIR membership benefits with non-members inquiring by phone, or in person
- Mail, email, or give membership invitation packets to inquiring non-members

Alice Steele



The CLIR office

- Process emails: respond and/or file them in the appropriate folder
- Open mail & distribute to mail slots
- Process checks received: endorse, log-in & file
- Send acknowledgement letters to donors (form provided)
- Respond to members' questions
- Manage class/activity sign-in sheets in Club Room (form provided)

• Lock all doors, turn off all lights, before leaving.
Additional duties may arise & training will be provided as necessary
Not all of these job duties will have to be done every day.

This is an opportunity to contribute to the health and growth of CLIR. Whether or not you have recent office experience, you may be just the right person to join a team of CLIR members and represent us to the public and to our membership.

Interested members should inquire by emailing CLIR at office@clirsf.org or using the sign-up sheet in the Clubroom.

**CENTER FOR LEARNING IN RETIREMENT
SAN FRANCISCO BAY AREA
50 FIRST STREET, SUITE 300
SAN FRANCISCO CA 94105**

Telephone: (415) 543-3965
E-mail: office@clirsf.org
Website: www.clirsf.org

**Office Hours
10:00am to 2:30pm
Monday, Tuesday, Friday**

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First Vice President: Joan Paddington
Second Vice President: Pam Royse
Secretary: Tatiana Yates
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**DEADLINE FOR THE APRIL ISSUE
March 11, 2011**

March 2011 Issue